

FABRIC STRIPS FOR TOURNIQUET TIES

– HOW TO MAKE –

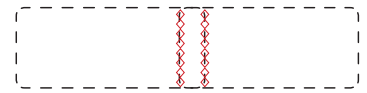
Strips need to be 2.5m x 10cm and are a component of the improvised trauma packs.

The base material is cotton of any colour as long as it is in good condition and strong. These can be the cut-offs from the triangular bandages.

Please strength test.

HOW TO MAKE:

1. Ideally use a 2.5m large flat sheet. If this isn't possible, use 2 x 1.27m strips and join in the middle with a flat strong seam (as with the rolled bandages). Overlap about 2.5cm and stitch down both overlapping edges with any strong stitch. ONLY join these strips in the middle.



For joined strips, pillow cases are great if they do not have a seam opposite the opening end. Just rip off the seams, open cut, cut to 1.27m length, and snip and rip into 10cm strips (then seam together).

2. Fold the 2.5m strips to 60cm or 30cm, and tie 10 together with a scrap of spare material.
3. Deliver the strips to your Improvised Trauma Pack team for inclusion in the pack.

All information contained in this document is for guidance only. New Forest for Ukraine take no responsibility for the production, design or application of improvised bandages and/or trauma kits.

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