

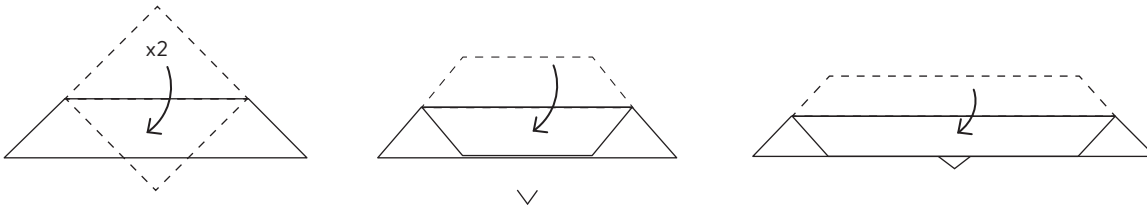
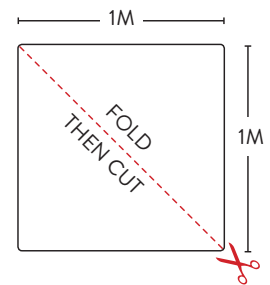
TRIANGULAR BANDAGES

– HOW TO MAKE –

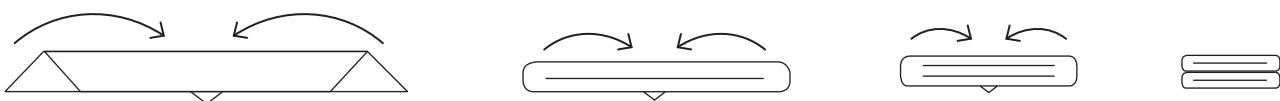
The base material is strong, non-slippery pure / near pure cotton (sheets, duvets, table clothes), any colour as long as it is in good condition, strong and not slippery. Brushed cotton is too thick, poly cotton can be too slippery.

HOW TO MAKE:

1. Check the strength of the sheet in several plans. Discard weak sheets. Remove all seams, but selvages are acceptable.
2. Measure, snip, then rip sheets into square 1m x 1m. Keep off-cuts for rolled bandages / ties.
3. Fold on the diagonal, then cut on the fold. One square makes two triangular bandages.



4. Fold point to long side, then twice more.



5. Fold the pointy ends to the middle, then repeat ends to the middle, then fold in half.
6. Bulk pack in a clean bag.

All information contained in this document is for guidance only. New Forest for Ukraine take no responsibility for the production, design or application of improvised bandages and/or trauma kits.

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